



The next nine months...

Information, advice and support after the birth of your baby at KEMH

Open House Postnatal Program

Join in a series of informal discussions led by Parent Educators and guest speakers every second and fourth Tuesday of the month exploring a range of topics relating to newborns and women's health.

Share your experiences, get advice from the experts and socialise with other new parents.

Who: New parents and their babies up to nine months old.

What: Program topics and dates over page.

When: 1.30pm every SECOND and FOURTH Tuesday of the month.

Where: Agnes Walsh House (next door to KEMH, Bagot Road).



Baby Massage Course

Time used for massage can benefit both you and your baby, come and learn the correct techniques from a trained infant massage instructor.

Who: Parents and their babies between six and twelve weeks (3 months).

When: Once a week for four weeks (1-1.5 hours per session). Bookings essential.

Where: KEMH Parent Education Department, 1st Floor, A Block.



* Gold coin donation appreciated for this course to cover costs of massage oils and information sheets.

For more information about the Open House Program or to book a place in the Baby Massage Course call (08) 6458 1368 between 8.00am and 9.00am or 3.00pm and 4.00pm weekdays (except Wednesdays).

Open House Program 2017

To confirm topics for discussion please phone (08) 6458 1368 between 8.00am – 9.00am and 3.00pm – 4.00pm weekdays, except Wednesday.

10th January	“Baby’s Fine - Not sure about me”
14th February	Basic First Aid for Babies
28th February	Speech Development
14th March	Gymbaroo
28th March	Sleep Management
11th April	Reflexology for Babies
9th May	The Importance of Play
23rd May	Dance with Your Baby
13th June	Baby’s First Teeth
27th June	Sexuality after Birth
11th July*	Baby Wearing (If you have purchased a sling bring it with you)
25th July	Basic First Aid for Babies
8th August	“Baby’s Fine - Not sure about me”
22nd August	Transition to Solids
12th September	Gymbaroo
26th September	Sleep Management
10th October	Summer Sun and your Baby (Gold coin donation for Cancer WA)
24th October	Babies and Chiropractic Care
14th November	Osteopathy for Babies
28th November	Never Too Young to Start Reading
12th December	END OF YEAR PARTY! (Please bring a plate)

*Please note: This talk will be held in the Parent Education Department in the main hospital building, 1st Floor, A Block Program subject to change without notice.



This document can be made available in alternative formats on request for a person with a disability.

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