



NCCU CLINICAL GUIDELINES
SECTION: 6

NUTRITION: ENTERAL AND PARENTERAL

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Specialised medical nutrition products
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Neonatology Clinical Guidelines
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SPECIALISED MEDICAL NUTRITION PRODUCTS

Specialised medical nutrition products (SMNP) should only be prescribed for infants after discharge when medically indicated. SMNP are substantially more expensive than standard formulae, unless available under the pharmaceutical benefit scheme (PBS).

The prescription of SMNP under the PBS can only be provided by a specialist whom is also an approved PBS prescriber. (E.g. immunologist/allergist or gastroenterologist, hepatologist)

Access to SMNP under the PBS in the public hospital system for a discharge patient or non-admitted patient is only possible in PBS participating hospitals.

**KIND EDWARD MEMORIAL AND PRINCESS MARGARET HOSPITALS ARE NOT
PBS - PARTICIPATING HOSPITALS.**

Therefore, the following discharge planning and procedures should be followed for any infant requiring a SMNP after discharge:

- The attending medical officer should liaise with a specialist consultation at PMH or at another public or private health facility, regarding the future medical and nutritional management of the infant after discharge and/or the transfer of patient care.
- A clinic appointment with the specialist consultant should be scheduled within one month of the infant's scheduled date of discharge.
- Pharmacy should be notified at least one week prior to discharge that a month's supply of the SMNP will be required on discharge.
- Up to one month's supply of the SMNP (charged to NCCU), should be requested on the medication chart at the time the discharge medications are requested (Note: the supply requested is calculated by the anticipated usage of the SMNP between the date of discharge and the date of the planned specialist review).
- Adequate follow-up after discharge by the home-visiting nurse, attending consultant and the neonatal dietician should be arranged for the interim period between discharge and the planned review by the specialist).