



NCCU CLINICAL GUIDELINES  
SECTION: 7

BREAST FEEDING

Section: 7 Breast feeding  
Breast feeding challenges  
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Neonatology Clinical Guidelines  
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## BREASTFEEDING CHALLENGES

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For the following breastfeeding challenges, [See O&G Clinical Guidelines Section B:8.2 Breast Feeding Challenges](#).

Nipple Trauma  
Bleeding Nipples  
Flat or Inverted Nipples  
Engorgement

Oversupply  
Causes and Management of Mastitis  
Breast Abscess  
Blocked ducts

- Refer mothers and infants experiencing breastfeeding challenges to the SCN Lactation Consultant (KEMH), Midwife (6B) or a member of the nursing staff experienced with breastfeeding.
- It is expected that mothers will be expressing up to 7 times in 24hrs and obtaining 500-800ml/day by the end of the 2<sup>nd</sup> week in order to establish and maintain their supply. If they have a low supply, refer to lactation consultant.

***A breastfeeding care-plan is to be used for long term infants and those with special needs. Include the following: the timing of breastfeeds, specific requirements for positioning and attachment e.g. transitional hold, use of a footstool, nipple shield, the need for top-up feeds following breastfeeds.***

**All staff should complete BFHI eLearning packages: Module 1 – 4**

**[Baby Friendly Health Initiative \(BFHI\) Educational Tools](#)**

## RECOMMENDED FURTHER READING

- J. Riordan, K. Wambach. Breastfeeding and Human Lactation 4th Edition 2009
- R. Mannel, P.J. Martens, M. Walker (Eds). Core Curriculum for Lactation Consultant Practice. 3rd Edition 2012
- W. Brodribb (Ed). Breastfeeding Management, 4th Edition 2012.
- R. Lawrence, R. Lawrence. Breastfeeding: A Guide for the Medical Profession 7th Edition, 2010