

Contact details

Clinical Nurse Specialists	Monday & Tuesday 8:00am to 3:00pm (08 6458 1357) - may leave a message
Clinic Hours	Wed - 8.30 to 12.00pm & 1.30pm to 4.00pm
Location	West Wing Clinic 374, Bagot Road KEMH
Phone	(08 6458 2222)
Outpatient direct	1300 855 275
Fax	(08) 6458 1031
KEMH website	www.kemh.health.wa.gov.au

Further information

Websites

- ▶ www.menopause.org.au (AMS)
- ▶ www.jeanhailes.org.au
- ▶ www.menopause.org (NAMS)

Women and Newborn Health Library

A lending library of women's health information available throughout the state.

Location: KEMH main corridor

Phone: (08) 6458 1100

Women and Newborn Health Service
King Edward Memorial Hospital
374 Bagot Road, Subiaco WA 6008
Telephone: (08) 6458 2222
www.kemh.health.wa.gov.au



This document can be made available in alternative formats on request for a person with a disability.

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Government of Western Australia
North Metropolitan Health Service
Women and Newborn Health Service



Menopausal Symptoms After Cancer Clinic



Introduction

The Menopausal Symptoms After Cancer (MSAC) Clinic was established in 2003 to care for women with menopausal symptoms and a history of cancer. We aim to offer current evidence-based advice and treatment.

Quality of life

Cancer treatments including chemotherapy and endocrine therapies (eg. anti-estrogens) may cause:

- ▶ periods to stop
- ▶ hot flushes
- ▶ night sweats
- ▶ vaginal dryness

For younger women, these symptoms are often a shock, as they may be many years away from undergoing natural menopause.

Menopausal Hormone Therapy (MHT) may be stopped following a diagnosis of cancer for many women.

Those women who were taking MHT before their cancer diagnosis may also feel their menopausal symptoms coming back and need assistance to manage these.

Menopausal symptoms after cancer can cause women to feel embarrassed and worried. Questions about sexual function, fertility and safety of available treatment can be addressed at this clinic.

Treatment options

Conventional treatments (eg. MHT) may not be an option as they may increase the risk of some cancers recurring.

At the MSAC Clinic, up-to-date advice will be given about medical therapies and lifestyle factors that are helpful in controlling your menopausal symptoms.

The multi-disciplinary team is available to advise on the most appropriate treatments available. The treatment plan is developed for each individual woman considering her cancer diagnosis and menopausal symptoms.

Clinic services

Multi-disciplinary care

The MSAC multi-disciplinary team includes specialists in gynaecology, gynaecological and breast cancer oncologists, breast cancer surgery, medical oncology, genetics, as well as general practitioners and breast cancer nurses. They meet monthly to discuss your management.

MSAC Clinical Nurse Specialist

A specialist breast nurse with experience in menopause after cancer is available to offer support and information to all women attending the MSAC Clinic.

Telephone support

Telephone support is available to women by the clinical nurse specialist on Mondays, Tuesdays and Wednesdays. Rural GPs can also access the expertise of the clinic specialists by contacting the support nurse on the same days.

Appointment referral

A referral letter from your GP or any other health care provider including a specialist breast nurse is required to make an appointment to attend the MSAC Clinic.

Questions

If you have any further questions about MSAC and our services please contact either the CNS or the clinic directly