



CLINICAL PRACTICE GUIDELINE

Symphysis Fundal Height Measurement

This document should be read in conjunction with the [Disclaimer](#)

Background

For background information please see KEMH Clinical Guideline [Fundal Height- Measuring with a Tape Measure](#)

Additional Requirements in the Community

- **If there is a discrepancy of more than 2 cm, i.e. 3cm or more** (or if there is concern from clinical findings) the client should be referred ASAP to the supporting hospital for an obstetric review. This includes both increased fundal height and/or reduced fundal height measurements
- The client's pregnancy status and findings must be discussed **immediately** with the appropriate staff at the supporting hospital and an appropriate plan made taking into consideration the client's individual circumstances i.e. gestational age, BMI, FM or any other identified risk factors.
- If the USS assessment and obstetric review is normal revert back to routine SFH measurement. If SFH continues to be deemed abnormal a repeat referral should occur and an appropriate plan of management must be made including risk assessment on the safest place of birth.
- Where a client has been referred for an obstetric review and has been cleared back to CMP/low risk midwifery care, please ensure the attending Dr has documented this clearly in the clients PHR


References

- Australian College of Midwives. [National Midwifery Guidelines for Consultation and Referral](#). 2008
- University Hospitals Bristol, NHS, St Michaels's Hospital Guideline, **Symphysis-Fundal Height (SFH) Measurement** 2009
- RCOG Clinical Green-top Guidelines (31) [Small-For-Gestational-Age Fetus, Investigation and Management](#) 2013

Related policies

Related WNHS policies, procedures and guidelines

KEMH Clinical guidelines: Antenatal Procedures: [Abdominal examination/palpation](#); [Assessment of fetal growth including the use of a customised fetal growth chart](#)

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