



# Donning and doffing in community settings

## Donning PPE



Step 1

### Perform hand hygiene

- Remove jewellery and ensure bare below the elbows
- Using an alcohol based hand rub, cover all hand surfaces and rub until dry



Step 2

### Fit mask

- Secure loops around the ears (if ties are present, secure ties at the crown of the head and at the base of the head)

- Gently extend the pleats downwards to sit underneath the chin
- Mould the metal band over the nose and cheeks for a secure fit
- Avoid touching the front of the mask once fitted



Step 3

### Fit eyewear, if required

**Note: you may need to wear eye protection for occupational safety and health (OHS) requirements**

- Position eyewear over eyes
- Adjust as required



Step 4

### Perform hand hygiene

- Perform hand hygiene



Step 5

### Fit gloves, if required

- Select the correct size glove
- Fit gloves, adjusting at the cuffs

## Doffing PPE



Step 1

### Removing gloves, if worn

- Remove by gripping at cuffs
- Immediately dispose of gloves into general waste bin



Step 2

### Perform hand hygiene

- Using an alcohol based hand rub, cover all hand surfaces and rub until dry



Step 3

### Removing eyewear, if worn

- Remove eyewear by handling sides or back only
- Discard or clean and disinfect as per manufacturers instructions



Step 4

### Perform hand hygiene

- Using an alcohol based hand rub, cover all hand surfaces and rub until dry



Step 5

### Removing mask

- Remove mask by only handling the ties or loops, then discard into general waste bin



Step 6

### Perform hand hygiene

- Using an alcohol based hand rub, cover all hand surfaces and rub until dry