Obstetrics and Midwifery

**Breastfeeding: Blocked ducts**
- Guide the mother to assess her breasts before and after a feed to ensure adequate drainage-comfortable and no lumps.
- Applying cold before a breast feed will reduce inflammation and encourage milk flow.

**Sexually Transmitted Infection: Herpes in Pregnancy**
- Collect PCR. Note- Immunofluorescence is no longer used.
- Antenatal management amended
  - Oral route for antibiotics as required. Removed intravenous aciclovir
  - Removed aspirin as option antenatally
- Breastfeeding is recommended unless a herpetic lesion is present on the breast/nipple.
- For women with active lesions on one or both breasts/nipples, contact the Breastfeeding Centre for individualised advice.

WITHDRAWN -

**Obstetrics and Midwifery:**
1. Labour Pain Management: Morphine
2. Labour Pain Management: Pethidine
3. Infectious Diseases in Pregnancy: Measles (refer to Infection Prevention & Management guideline)
4. Infectious Diseases in Pregnancy: Varicella (refer to Infection Prevention & Management guideline)
5. Stem Cell Harvest: Cord Blood Collection