





ADULT

# METHYLNALTREXONE

This document should be read in conjunction with this [DISCLAIMER](#)

<b>Presentation</b>	Injection: 12mg/0.6mL
<b>Dose</b>	<b><u>Opioid induced constipation in palliative care</u></b> <b>Route:</b> Subcutaneous 12mg via subcutaneous injection every 24 hours. Seek palliative care specialist advice before repeating the injection 24 hours later
<b>Administration</b>	<b><u>Subcutaneous injection</u></b> Inject into the abdomen, upper arm or thigh. Rotate the site of injection. Do not inject into skin that is tender, bruised, red or hard. Suitable for self-administration in selected patients.
<b>Pregnancy</b>	<b>1<sup>st</sup> Trimester:</b> Consider alternative <b>2<sup>nd</sup> Trimester:</b> Consider alternative <b>3<sup>rd</sup> Trimester:</b> Consider alternative
<b>Breastfeeding</b>	Consider alternative
<b>Monitoring</b>	Severe or persistent diarrhoea, abdominal pain or cramping.
<b>Clinical Guidelines and Policies</b>	<a href="#">Palliative Care</a>
<b>References</b>	Australian Medicines Handbook. Methylnaltrexone. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Dec 14]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a> Society of Hospital Pharmacists of Australia. Methylnaltrexone. In: Australian Injectable Drugs Handbook [Internet]. [St Leonards, New South Wales]: Health Communication Network; 2017 [cited 2017 Dec 14]. Available from: <a href="http://aidh.hcn.com.au">http://aidh.hcn.com.au</a> The Royal Women's Hospital. Methylnaltrexone. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 Dec 14]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a>

## Methylnaltrexone – Adult Medication Monograph

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