





**ADULT**

**NAPROXEN**

This document should be read in conjunction with this [DISCLAIMER](#)

<b>Presentation</b>	Immediate Release (IR) Tablets: 250mg, 500mg Slow Release (SR) Tablets: 750mg, 1000mg
<b>Dose</b>	<p><b><u>Pain and Inflammation</u></b></p> <p><b>Oral:</b>  <i>IR tablets:</i> 250-500mg twice daily  <i>SR tablets:</i> 750-1000mg once daily  <i>Maximum:</i> 1250mg daily</p> <p><b><u>Period Pain</u></b></p> <p><b>Oral:</b>  <i>IR tablets:</i> 500mg initially, followed by 250mg every 6-8 hours as required.</p>
<b>Administration</b>	<p><b><u>Oral</u></b></p> <p>Take with or shortly after food.  <i>SR tablets:</i> swallow whole, do not crush or chew.</p>
<b>Pregnancy</b>	<p><b>1<sup>st</sup> Trimester:</b> Consider alternative  <b>2<sup>nd</sup> Trimester:</b> Consider alternative  <b>3<sup>rd</sup> Trimester:</b> Consider alternative</p>
<b>Breastfeeding</b>	Considered safe to use.
<b>Monitoring</b>	<p>Ensure adequate hydration when on this medication.</p> <p>Monitor for signs and symptoms of bleeding or clotting problems such as: swollen ankles, difficulty in breathing, chest pain, black stools or dark coffee-coloured vomit.</p> <p>Use the lowest effective dose for the shortest period of time.</p> <p>Avoid use in severe renal impairment (CrCl &lt;25mL/min) and hepatic impairment</p>
<b>Clinical Guidelines and Policies</b>	<p><a href="#">Management of Mastitis</a></p> <p><a href="#">Palliative Care</a></p>

<b>References</b>	<p>Australian Medicines Handbook. Naproxen. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Sep 29]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>The Royal Women's Hospital. Naproxen. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2017 Sep 29]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p>
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Keywords:	Pain, inflammatory pain, mastitis, naproxen, NSAIDs, NSAID, anti-inflammatory, period pain, analgesic, inza, naprogesic		
Publishing:	<input checked="" type="checkbox"/> Intranet <input checked="" type="checkbox"/> Internet		
Document owner:	Chief Pharmacist		
Author / Reviewer:	KEMH Pharmacy Department		
Date first issued:	Dec 2014	Version:	3.0
Last reviewed:	Sept 2017	Next review date:	Sept 2020
Endorsed by:	Medicines and Therapeutics Committee	Date:	Jan 2018
Standards Applicable:	NSQHS Standards: 1  Clinical Care is Guided by Current Best Practice 4  Medication Safety		
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