





ADULT MEDICATION GUIDELINE

LIDOCAINE (LIGNOCAINE) 5% PATCH

This document should be read in conjunction with this [DISCLAIMER](#)

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| Presentation | Patch: 5% |
| Dose | <p>For use <i>only</i> under the direction of a Pain Consultant, Palliative Care Physician or Geriatrician as per the WATAG guidelines for the treatment of neuropathic pain.</p> <p><u>Neuropathic Pain</u></p> <p>Transdermal:</p> <p>Up to 3 patches may be applied at the same time to painful area For post herpetic neuralgia, apply after shingles have healed. Patch may be worn for up to 12 hours, followed by a patch-free interval of at least 12 hours</p> |
| Administration | <p><u>Transdermal</u></p> <p>Remove patch from pack and remove gel liner then immediately apply patch to dry, intact, non-irritated skin in the painful area (patches may be cut to fit the area).</p> <p>While wearing the patches, do not allow them to come in contact with water or any heat source (e.g. heat packs, electric blankets)</p> |
| Pregnancy | <p>1st Trimester: Safe to use 2nd Trimester: Safe to use 3rd Trimester: Safe to use</p> |
| Breastfeeding | Safe to use |
| Monitoring | Pain score and skin irritation. Stop if no benefits after 2-4 weeks. |
| Clinical Guidelines and Policies | WNHS Clinical Guideline: Palliative Care |
| References | <p>Australian Medicines Handbook. Lidocaine (Lignocaine). In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2018 [cited 2018 Jul 6]. Available from: https://amhonline.amh.net.au/</p> <p>MIMS Australia. Versatis 5% Patch. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2018 [cited 2018 Jul</p> |

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| | <p>6]. Available from: https://www.mimsonline.com.au Formulary One. Versatis 5% Patch, 2018 [cited 2018 Jul 6]. Available from: https://formulary.health.wa.gov.au/Drug/724</p> <p>The Royal Women's Hospital. Lidocaine. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2018 Jun 27]. https://thewomenspbmg.org.au/</p> |
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