





ADULT MEDICATION GUIDELINE

**AMITRIPTYLINE**

This document should be read in conjunction with this [DISCLAIMER](#)

<b>Presentation</b>	Tablet: 10mg, 25mg, 50mg
<b>Dose</b>	<p><b><u>Vulvar Dynia</u></b> Refer to <b>KEMH Clinical Guideline</b> for appropriate dose regimen (link below)</p> <p><b><u>Adjuvant in Pain Management</u></b> <b>Oral:</b> 10-25mg at night initially, increasing to a maximum of 150mg</p> <p><b><u>Depression:</u></b> <b>Oral:</b> 25-75mg daily, increasing by 25-50mg every 2 to 3 days to 75-150mg daily. Maximum 300mg daily.</p>
<b>Administration</b>	<p><b><u>Oral</u></b> Take with or without food</p>
<b>Pregnancy</b>	<p><b>1<sup>st</sup> Trimester:</b> Considered safe to use <b>2<sup>nd</sup> Trimester:</b> Considered safe to use <b>3<sup>rd</sup> Trimester:</b> Considered safe to use</p>
<b>Breastfeeding</b>	Considered safe to use
<b>Monitoring</b>	<p>Check blood pressure before and after starting treatment and after each dose change.</p> <p>Monitor patients frequently and carefully early in treatment as increased suicidal thoughts and behaviour can occur after starting antidepressants.</p> <p>Withdraw dose slowly to avoid withdrawal effects.</p>
<b>Clinical Guidelines and Policies</b>	WHNS Clinical Guideline: O&G: <a href="#">Gynaecology (Non-Oncological)</a>

<b>References</b>	<p>Australian Medicines Handbook. Amitriptyline. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2018 [cited 2018 Jun 15]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>Therapeutic Guidelines. Neurology: Neuropathic pain. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2018 [cited 2018 Jun 15]. Available from: <a href="https://tgldcdp.tg.org.au">https://tgldcdp.tg.org.au</a></p> <p>Therapeutic Guidelines. Psychotropic: Anxiety and associated disorders. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2018 [cited 2018 Jun 15]. Available from: <a href="https://tgldcdp.tg.org.au">https://tgldcdp.tg.org.au</a></p> <p>The Royal Women's Hospital. Amitriptyline. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2018 Jun 15]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p> <p>MIMS Australia. Endep tablets. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2018 [cited 2018 Jun 15]. Available from: <a href="https://www.mimsonline.com.au">https://www.mimsonline.com.au</a></p>
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