



ADULT Medication Monograph

# CLINDAMYCIN

This document should be read in conjunction with this [DISCLAIMER](#)




**Antimicrobial Restriction – Monitored (IV)**

Seek approval for ongoing therapy from ID physician or Clinical microbiologist within 24 hours

**Antimicrobial Restriction – Unrestricted (Oral)**

<b>Presentation</b>	Capsule: 150mg Ampoule: 150mg/mL (4mL) Vaginal Cream: 2% (40g)
<b>Dose</b>	Refer to relevant <b>KEMH Clinical Guidelines</b> for appropriate dose regimes (link below)
<b>Administration</b>	<p><b><u>Oral:</u></b> Take with a large glass of water <i>Solution for oral use:</i> There is no oral liquid, however, a 50 mg/mL clindamycin solution can be made before each dose by asking the carer to:</p> <ul style="list-style-type: none"> <li>• dissolve the contents of 1 capsule in 2 mL Water for Irrigation</li> <li>• draw the solution into a syringe and make the volume up to 3 mL</li> <li>• mix the dose in juice or soft food to disguise the taste before giving it.</li> </ul> <p><b><u>IV Infusion:</u></b></p> <p style="text-align: center;"><b>For doses up to 600mg</b></p> <p><b>Step 1 Dilution:</b> Dilute in 50mL sodium chloride 0.9% or glucose 5%. <b>Step 2: Administration:</b> Infuse over 20 minutes</p> <p style="text-align: center;"><b>For doses up to 1200mg</b></p> <p><b>Step 1 Dilution:</b> Dilute in 100mL sodium chloride 0.9% or glucose 5% <b>Step 2: Administration:</b> Infuse over 30 to 40 minutes.</p> <p style="text-align: center;">Maximum rate is 30mg/minute.</p>
<b>Pregnancy</b>	<p><b>1<sup>st</sup> Trimester:</b> Safe to use <b>2<sup>nd</sup> Trimester:</b> Safe to use <b>3<sup>rd</sup> Trimester:</b> Safe to use</p>
<b>Breastfeeding</b>	Considered safe to use

<b>Clinical Guidelines and Policies</b>	<p>KEMH Policy: <a href="#">Antimicrobial Stewardship (AMS)</a></p> <p>KEMH Clinical Guideline: O&amp;G: <a href="#">Pre-labour Rupture of the Membranes at Term</a></p> <p>KEMH Clinical Guideline: O&amp;G: <a href="#">Antibiotic prophylaxis for Caesarean section</a></p> <p>KEMH Clinical Guideline: O&amp;G: <a href="#">Antibiotic treatment for Vaginal infections</a></p> <p>KEMH Clinical Guideline: O&amp;G: Breastfeeding Challenges: <a href="#">Mastitis: Management of</a></p> <p>KEMH Clinical Guideline: O&amp;G: <a href="#">Secondary Postpartum Haemorrhage</a></p> <p>KEMH Clinical Guideline: O&amp;G: <a href="#">Postpartum Infections</a></p>
<b>References</b>	<p>Australian Medicines Handbook. Clindamycin. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Nov 24]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>Society of Hospital Pharmacists of Australia. Clindamycin . In: Australian Injectable Drugs Handbook [Internet]. [St Leonards, New South Wales]: Health Communication Network; 2017 [cited 2017 Nov 24]. Available from: <a href="http://aidh.hcn.com.au">http://aidh.hcn.com.au</a></p> <p>The Royal Women's Hospital. Clindamycin. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2017 Nov 24]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p>

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<p><b>Printed or personally saved electronic copies of this document are considered uncontrolled.</b></p> <p><b>Access the current version from the WNHS website.</b></p> <p><b>For any enquiries relating to this guideline, please email <a href="mailto:KEMH.PharmacyAdmin@health.wa.gov.au">KEMH.PharmacyAdmin@health.wa.gov.au</a></b></p>			