



ADULT




FOSFOMYCIN

This document should be read in conjunction with this [DISCLAIMER](#)

[Antimicrobial Restriction – Restricted](#)

Presentation	Granules: 3g
Dose	<p style="text-align: center;"><u>Urinary Tract Infection</u></p> <p style="text-align: center;"><i>Where resistance to multiple other agents has been proven</i></p> <p><u>Uncomplicated</u></p> <p>Oral: 3g (1 sachet), ONCE daily as a single dose</p> <p><u>Complicated</u></p> <p>Oral: 3g (1 sachet), ONCE daily for 3 doses</p>
Administration	<p><u>Oral</u></p> <p>Mix in HALF a glass of water. May be taken with or without food.</p>
Pregnancy	<p>1st Trimester: Considered safe to use</p> <p>2nd Trimester: Considered safe to use</p> <p>3rd Trimester: Considered safe to use</p>
Breastfeeding	Considered safe to use
Clinical Guidelines and Policies	<p>Antimicrobial Stewardship (AMS) policy</p> <p>Antibiotic treatment for Urinary Tract Infection</p>
References	<p>Therapeutic Guidelines. Acute cystitis in adults. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2016 [cited 2018 Jan 24]. Available from: https://tgldcdp.tg.org.au</p> <p>Truven Health Analytics. Fosfomycin. In: Micromedex [Internet]. Greenwood Village (CO): Truven Health Analytics; 2017 [cited 2018 Jan 24]. Available from: http://www.micromedexsolutions.com/</p>

	<p>Australian Medicines Handbook. Fosfomycin. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2018 Jan 24]. Available from: https://amhonline.amh.net.au/</p> <p>The Royal Women's Hospital. Fosfomycin. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2018 Jan 24]. Available from: https://thewomenspbmg.org.au/</p>
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