





ADULT

GABAPENTIN

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Capsule: 100mg Capsule: 300mg Capsule: 400mg Vaginal Cream: in combination with other medications (KEMH Only)
Dose	<p><u>Menopausal Hot Flashes</u></p> <p>Oral: 900mg/day in three divided doses. Start at 300mg daily - initial night time dosing is preferable due to possible excessive sleepiness and dizziness. Increase to 300mg three times a day over three to seven days. Gabapentin dosing should be tapered over a 1 week period when it is discontinued.</p> <p><u>Neuropathic Pain</u></p> <p>Oral: Initially 100 - 300mg at night; increase dose gradually every 3 to 7 days according to response. Usual range: 1800 - 3600mg/day in 3 doses</p> <p><u>Focal (Partial) Seizures</u></p> <p>Oral: 300mg on first day at bedtime; increase by 300mg daily up to 900 - 1800mg daily in 3 doses up to 3600mg daily in some patients</p>
Administration	Oral Vaginal Cream (KEMH Only)
Pregnancy	1st Trimester: Consider alternative 2nd Trimester: Consider alternative 3rd Trimester: Consider alternative
Breastfeeding	Considered safe to use

Monitoring	Avoid stopping abruptly (may cause anxiety, insomnia, nausea, pain and sweating); gradually reduce dose over at least a week.
Clinical Guidelines and Policies	<p>Clinical Practice Guidelines</p> <p>Management of Menopausal Symptoms</p> <p>Palliative Care - Use of Adjuvant Medications</p> <p>Patient Information Leaflet</p> <p>Patient Information Leaflet – Gabapentin for Menopausal Symptoms</p>
References	<p>Australian Medicines Handbook. Gabapentin. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 May 19]. Available from: https://amhonline.amh.net.au/</p> <p>BMJ Best Practice. Menopause. [Internet] 2016 [cited 2017 May 19]. Available from: http://bestpractice.bmj.com/best-practice/monograph/194/treatment/step-by-step.html</p> <p>Royal College of Obstetricians & Gynaecologists. Alternatives to HRT for the Management of Symptoms of the Menopause. [Internet] 2010 [cited 2017 May 19]. Available from: https://www.rcog.org.uk/globalassets/documents/guidelines/scientific-impact-papers/sip_6.pdf</p> <p>Stuenkel CA, Davis SR, Gompel A, Lumsden MA, Murad MH, Pinkerton JV, Santen RJ. Treatment of symptoms of the menopause: an endocrine society clinical practice guideline. The Journal of Clinical Endocrinology & Metabolism. 2015 Oct 7;100(11):3975-4011. [Internet] [cited 2017 May 19].</p> <p>The Royal Women's Hospital. Gabapentin. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2017 May 19]. Available from: https://thewomenspbmg.org.au/</p>

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