





ADULT

HYDROCORTISONE

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	<p>Vial (Powder for reconstitution): 100mg</p> <p>Cream: 0.5%</p> <p>Cream: 1%</p> <p>Cream: Hydrocortisone 1% with Clotrimazole 1%</p> <p>Ointment: 1%</p>
Dose	Refer to relevant KEMH Clinical Guidelines for appropriate dose regimes (links below)
Administration	<p>Reconstitution of powder for injection: Reconstitute with 2mL of water for injections (WFI) or sodium chloride 0.9%</p> <p>IV injection: Inject undiluted over 30 seconds (100 mg dose)</p> <p>IV infusion: Dilute the dose to a maximum concentration of 1mg/mL with a compatible fluid and infuse over 20 minutes to 4 hours. In fluid-restricted patients, doses up to 3g may be added to 50mL of a compatible fluid. Compatible fluids: Glucose 5%, glucose in sodium chloride solutions, Hartmann's, Ringer's, sodium chloride 0.9%</p>
Pregnancy	<p>1st Trimester: Considered safe to use (Topical) Consider alternative (Oral, IM, IV)</p> <p>2nd Trimester: Safe to use</p> <p>3rd Trimester: Safe to use</p>
Breastfeeding	Considered safe to use
Other clinical guidelines and policies	<p>Intravenous Iron Polymaltose Therapy - Prophylaxis for Previous ADR</p> <p>Management of Transfusion Reactions and Adverse Events</p> <p>Severe Vulvitis assoc. with Candidiasis</p> <p>Anaphylaxis</p> <p>Pregnancy: First Trimester</p> <p>Standard Procedures for Reconstitution and Administration of Intravenous Drugs (Adults)</p>
References	The Royal Women's Hospital. Hydrocortisone. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 May 12]. Available from: https://thewomenspbmg.org.au/

	<p>Society of Hospital Pharmacists of Australia. Hydrocortisone. In: Australian Injectable Drugs Handbook [Internet]. [St Leonards, New South Wales]: Health Communication Network; 2017 [cited 2017 May 12]. Available from: http://aidh.hcn.com.au</p> <p>Australian Medicines Handbook. Hydrocortisone. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 May 12]. Available from: https://amhonline.amh.net.au/</p>
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