



ADULT

LORAZEPAM



This document should be read in conjunction with this [DISCLAIMER](#)

HIGH RISK Medication 

Schedule 4 Restricted Medication

Presentation	Tablet: 1mg, 2.5mg
Dose	<p><u>Anxiety</u> Oral: 2-3mg (up to 4mg) daily in 1-3 doses</p> <p><u>Insomnia</u> Oral: 1-2mg at night.</p> <p><u>Premedication</u> Oral: 2–4 mg the night before and/or 1–2 hours before the procedure.</p>
Administration	<p><u>Oral</u> Can be taken with or without food</p>
Pregnancy	<p>1st Trimester: Considered safe to use. 2nd Trimester: Considered safe to use. 3rd Trimester: Monitoring required.</p>
Breastfeeding	Considered safe to use.
Monitoring	<p>May feel drowsy while taking medication. Long term use may result in tolerance and dependence; restrict use to short-term use only (2-4 weeks). Suddenly stopping treatment (or reducing or tapering the dose too quickly) in dependent people may produce withdrawal symptoms.</p>
Clinical guidelines and policies	<p>Administration of Schedule 4 and Schedule 8 Medications Schedule 4 Prescription Only Medication Administration</p>
References	<p>Australian Medicines Handbook. Lorazepam. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Dec 12]. Available from: https://amhonline.amh.net.au/</p> <p>The Royal Women's Hospital. Lorazepam. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 Dec 12]. Available from:</p>

https://thewomenspbmg.org.au/

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