





ADULT

MACROGOL

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Form: Sachets
Dose	<p><u>Constipation</u></p> <p>Route: Oral</p> <p>1 sachet (17 g) once daily.</p> <p>May be increased to 2 to 3 sachets daily.</p> <p><u>Faecal Impaction</u></p> <p>Route: Oral</p> <p>8 sachets daily. Take within 6 hours</p>
Administration	<p><u>Oral</u></p> <ul style="list-style-type: none">• Dissolve each sachet in 125mL water.• 8 sachets may be dissolved in 1L water.• Reconstituted solution should be taken within 6 hours.
Pregnancy	<p>1st Trimester: Safe to use</p> <p>2nd Trimester: Safe to use</p> <p>3rd Trimester: Safe to use</p>
Breastfeeding	Considered safe to use.
Monitoring	<p>Generally produces a bowel movement within 1 to 3 days.</p> <p>Movicol[®] and LaxaCon[®] contain approximately 8.1 mmol (186 mg) sodium per sachet.</p> <p>ClearLax[®] and Osmolax[®] do not contain electrolytes.</p>
Other clinical guidelines and policies	Bowel Care
References	Australian Medicines Handbook. Macroglol. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Oct 12]. Available from: https://amhonline.amh.net.au/

	<p>MIMS Australia. Macrogol. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2016 [cited 2017 Oct 12]. Available from: https://www.mimsonline.com.au</p> <p>The Royal Women's Hospital. Macrogol. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 Oct 12]. Available from: https://thewomenspbmg.org.au/</p>
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