





ADULT

# METHYLDOPA

This document should be read in conjunction with this [DISCLAIMER](#)

<b>Presentation</b>	Tablet: 250mg
<b>Dose</b>	<b><u>Hypertension</u></b> <b>Route:</b> Oral 250-500mg TWO to FOUR times daily
<b>Administration</b>	<b><u>Oral</u></b> Take with or without food
<b>Pregnancy</b>	<b>1<sup>st</sup> Trimester:</b> Safe to use <b>2<sup>nd</sup> Trimester:</b> Safe to use <b>3<sup>rd</sup> Trimester:</b> Safe to use
<b>Breastfeeding</b>	Safe to use
<b>Monitoring</b>	Blood count and liver function during first 6–12 weeks of treatment
<b>Clinical Guidelines and Policies</b>	<a href="#">Hypertension in Pregnancy - Medical Management</a> <a href="#">Hypertension in Pregnancy Midwifery Care</a>
<b>References</b>	Australian Medicines Handbook. Methyldopa. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Dec 14]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a>  The Royal Women's Hospital. Methyldopa. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 Dec 14]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a>  Hale TW. Methyldopa. In: Medications and Mothers' Milk [Internet]. New York: Springer Publishing Company; 2017 [cited 2017 Dec 14]. Available from: <a href="http://www.medsmilk.com">http://www.medsmilk.com</a>

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