





ADULT

METOPROLOL

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Tablet: 50mg Tablet (Controlled release): 47.5mg Ampoule: 5mg/5mL
Dose	<u>Hypertension</u> Route: Oral Initially: 25 – 100mg daily in one or two doses Maintenance: 50-100mg once or twice daily <u>Disturbances of cardiac rhythm, supraventricular tachycardia</u> Route: Oral or IV <i>Oral:</i> 25-100mg twice daily <i>IV injection:</i> 5mg repeated at 5 minute intervals to a maximum of three doses.
Administration	<u>Oral</u> Can be taken with or without food Controlled release tablets may be broken in half or swallowed whole, do not crush or chew them <u>IV Injection</u> Administration: Administer undiluted at a rate of 1-2mg/minute
Pregnancy	1st Trimester: Considered safe to use 2nd Trimester: Monitoring required 3rd Trimester: Monitoring required
Breastfeeding	Considered safe to use
Monitoring	Monitor ECG and BP continuously during IV administration
Clinical Guidelines and Policies	Standard Procedures for Reconstitution and Administration of Intravenous Drugs (Adult)
References	Australian Medicines Handbook. Metoprolol. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Dec 21]. Available from: https://amhonline.amh.net.au/

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