





ADULT

**NIFEDIPINE**

This document should be read in conjunction with this [DISCLAIMER](#)

<b>Presentation</b>	<p>Immediate Release (IR) tablets: 10mg (SAS) Slow Release (SR) tablets: 30mg, 60mg</p>
<b>Dose</b>	<p><b><u>Hypertension in Pregnancy (acute and ongoing)</u></b> Refer to <a href="#">Medical Management of Hypertension in Pregnancy</a></p> <p><b><u>Tocolysis</u></b> <b>Oral:</b> <i>Immediate release tablets:</i> Refer to <a href="#">Preterm Labour</a> and <a href="#">PPROM</a></p> <p><b><u>Hypertension or Angina</u></b> <b>Oral:</b> <i>Immediate release tablets:</i> Initially 10–20 mg twice daily, increase to 20–40 mg twice daily <i>Slow release tablets:</i> Initially 30 mg once daily, increase slowly as required to maximum dose (see below)</p> <p><b><u>Maximum daily dose</u></b> <i>Angina:</i> 90mg <i>Acute hypertension:</i> 40mg per episode <i>Hypertension, Tocolysis:</i> 120mg</p>
<b>Administration</b>	<p><b>Oral:</b> <i>Immediate release tablets for tocolysis:</i> The first 2 doses should be crushed or chewed to increase the rate of absorption <i>Slow release tablets:</i> Swallow tablet whole, do not crush or chew.</p>
<b>Pregnancy</b>	<p><b>1<sup>st</sup> Trimester:</b> Considered safe to use <b>2<sup>nd</sup> Trimester:</b> Considered safe to use <b>3<sup>rd</sup> Trimester:</b> Considered safe to use Refer to the <a href="#">Obstetrics Medicines Information Service</a> for more information.</p>

<b>Breastfeeding</b>	Considered safe to use <i>Refer to the <a href="#">Obstetrics Medicines Information Service</a> for more information.</i>
<b>Monitoring</b>	BP, HR, facial flushing, headache
<b>Clinical Guidelines and Policies</b>	<a href="#">Medical Management of Hypertension in Pregnancy</a> <a href="#">Preterm Labour</a> <a href="#">PPROM</a> <a href="#">Magnesium Sulphate for Neuroprotection of the Fetus</a>
<b>References</b>	<p>Australian Medicines Handbook. Nifedipine. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Sep 29]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>The Royal Women's Hospital. Nifedipine. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2017 Sep 29]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p> <p>Therapeutic Guidelines. Pharmacological management of hypertension. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2017 [cited 2017 Sep 29]. Available from: <a href="https://tgldcdp.tg.org.au">https://tgldcdp.tg.org.au</a></p> <p>SOMANZ <a href="#">Guideline for the Management of Hypertensive Disorders of Pregnancy</a> 2014.</p>

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