





ADULT

NIFEDIPINE

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Immediate Release (IR) tablets: 10mg, 20mg Slow Release (SR) tablets: 20mg, 30mg, 60mg
Dose	<p><u>Hypertension in Pregnancy (acute and ongoing)</u> Refer to Medical Management of Hypertension in Pregnancy</p> <p><u>Tocolysis</u> Oral: <i>Immediate release tablets:</i> Refer to Preterm Labour and PPROM</p> <p><u>Hypertension or Angina</u> Oral: <i>Immediate release tablets:</i> Initially 10–20 mg twice daily, increase to 20–40 mg twice daily <i>Slow release tablets:</i> Initially 20 mg or 30 mg once daily, increase slowly as required to maximum dose (see below)</p> <p><u>Maximum daily dose</u> <i>Angina:</i> 90mg <i>Acute hypertension:</i> 40mg per episode <i>Hypertension, Tocolysis:</i> 120mg</p>
Administration	<p>Oral: <i>Immediate release tablets for tocolysis:</i> The first 2 doses should be crushed or chewed to increase the rate of absorption <i>Slow release tablets:</i> Swallow tablet whole, do not crush or chew.</p>
Pregnancy	<p>1st Trimester: Considered safe to use 2nd Trimester: Considered safe to use 3rd Trimester: Considered safe to use Refer to the Obstetrics Medicines Information Service for more information.</p>

Breastfeeding	Considered safe to use <i>Refer to the Obstetrics Medicines Information Service for more information.</i>
Monitoring	BP, HR, facial flushing, headache
Clinical Guidelines and Policies	Medical Management of Hypertension in Pregnancy Preterm Labour PPROM Antenatal Magnesium Sulphate Prior to Preterm Birth Magnesium Sulphate for Neuroprotection of the Fetus
References	<p>Australian Medicines Handbook. Nifedipine. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Sep 29]. Available from: https://amhonline.amh.net.au/</p> <p>The Royal Women's Hospital. Nifedipine. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2017 Sep 29]. Available from: https://thewomenspbmg.org.au/</p> <p>Therapeutic Guidelines. Pharmacological management of hypertension. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2017 [cited 2017 Sep 29]. Available from: https://tgldcdp.tg.org.au</p>

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