

Health Act)

- › The consumer is admitted for specific interventions (e.g. medication review, clozapine initiation, ECT)
- › The consumer is of appropriate developmental status and able to be effectively treated within the current ward environment/patient cohort (as determined via referral information and on a case-by-case basis)
- › The EMyU is an EMHS service; consumers residing in other parts of WA may be admitted on a case-by-case basis.

Exclusion criteria

- › Younger than 16 years or older than 24 years
- › Substance intoxication or withdrawal
- › Consumers with mental health or behavioural disturbance as a direct consequence of a physical illness (e.g. acute confusion following head injury) who will be better managed in a medical ward setting
- › Consumers diagnosed with an eating disorder, and requiring admission for the purpose of refeeding or malnutrition, and would be better managed in a medical ward with mental health liaison support
- › Antisocial behaviour in the absence

of mental health issues

- › Assessments for family law, pending medico-legal or forensic matters:
 - Treatment will be provided for individuals transferred from juvenile detention, however as above, this excludes family law/medico-legal/forensic matters
- › Consumers with welfare or accommodation issues as a primary concern
- › Consumers presenting primarily for assessment with intellectual disability, or pervasive developmental disorder (PDD)/autism, without co-morbid mental health disorder:
 - Exceptions can be considered on a case-by-case basis and in view of current best practice
- › If the consumer's risk of violence is likely to exceed staff's capacity to manage the unit safely.

Contact us

Telephone

9416 3666

Address

N Block, 35 Mills Street
Bentley 6102



This document can be made available in alternative formats on request.



East Metropolitan Youth Unit (EMyU)

Information for referrers

This pamphlet provides information about EMyU for referrers. It describes the services offered, eligibility criteria and how to refer patients.

Overview

EMyU is a 12 bed inpatient service which provides mental health inpatient care and treatment for young people presenting with complex and acute mental health issues. It provides care for young people aged 16 to 24 years.

The service has a focus on early episode interventions. The following conditions represent the main areas of clinical focus:

- › Diagnostic clarification
- › Affective disorders (major depressive disorders, bipolar affective disorders)
- › Psychotic disorders
- › Medication reviews
- › Treatment resistance (e.g. management of Clozapine)
- › Personality disorders (e.g. Emotionally Unstable Personality Disorder (EUPD))

Location

The EMyU is located on the Bentley Hospital (BH) campus, approximately 10km from the Perth CBD. It provides a 24 hour, seven day a week, inpatient service.

Treatment model

A recovery based, research informed, specialised and contemporary model of care is the foundation of all treatments provided.

EMyU aims to create a comprehensive multidisciplinary team environment which will enable a true specialist diagnostic function with the creation of clearly articulated treatment and management plans for every consumer. EMyU will provide a specialised seven day a week therapeutic program which is tailored to the youth population.

Referral process

The process of referral is shown below.

Submit referral to:

- › blmhbedflowmanager@health.wa.gov.au
- › Review of referral by Bed Manager and senior EMyU staff
- › Determine appropriateness of referral and bed availability
- › Communicate referral outcome to referrer

The following needs to be provided for all referrals:

- › Mental Health Assessment form (SMHMR902)
- › Brief Risk Assessment form (BRA)
- › Documented physical assessment
- › Relevant Mental Health Act (MHA) 2014 forms

Efforts will be made to ensure admissions occur within daytime hours, which is for the benefit of the consumer. After hours referrals will be reviewed by the BH After Hours Clinical Nurse Specialist (CNS). Admissions between 9pm and 9am must be negotiated with the BH Duty Psychiatrist.

Referral pathways

EMyU is a specialised, tertiary, acute psychiatric youth unit and admissions are only accepted via referral. Referrals are accepted from:

- › Emergency Departments
- › Child and Adolescent Mental Health Service (CAMHS) community mental health clinics
- › Specialised CAMHS Community teams
- › Adult mental health wards
- › Adult community mental health clinics
- › Consultation Liaison (CL) services
- › WA Country Health Service (WACHS)
- › Private psychiatrists/hospitals
- › Youth mental health services

Inclusion criteria

- › Age 16 to 24 years (up to the 25th birthday)
- › Signs and symptoms indicate severe mental illness which requires acute inpatient care
- › Less restrictive options have been considered, and the consumer is likely to benefit from a mental health inpatient hospitalisation
- › The consumer is medically stable
- › The consumer (and wherever possible their personal support person) is aware of, and consents to, the referral (except in situations where it is a referral under the Mental