





My outpatient appointment

Is a phone or video appointment suitable for me?

Many factors play a role when deciding what sort of appointment is best for you. Telehealth video or phone appointments are beneficial for patients who are looking to **save time, travel and costs**. Use the below checklist to see if a phone or video appointment is suitable for you.

| Procedure | Imaging/pathology | Assessment | Patient support | Digital skills | Location |
|---|---|--|---|---|--|
| <p>Do I need to have a procedure at my appointment?</p> <p>Yes: Attend your appointment in person.</p> <p>No: <input type="checkbox"/></p> | <p>Do I need x-rays, blood samples or other tests before my appointment?</p> <p>Yes: Can I do this locally before my appointment?</p> <p> No: Attend your appointment in person.</p> <p> Yes: <input type="checkbox"/></p> <p>No: <input type="checkbox"/></p> | <p>Do I need to be examined in person? e.g. change dressings.</p> <p>Yes: Can this be performed by my local health provider? e.g. Nurse, GP</p> <p> No: Attend your appointment in person.</p> <p> Yes: With your local health provider present during your appointment. <input type="checkbox"/></p> <p>No: <input type="checkbox"/></p> | <p>Do I need a carer, interpreter or support person to come to my appointment with me?</p> <p>Yes: Is support available locally? e.g. family, friends or carer.</p> <p> No: Attend your appointment in person.</p> <p> Yes: Your support person can join you. Phone and video interpreters are available. <input type="checkbox"/></p> <p>No: <input type="checkbox"/></p> | <p>Do I have access and the ability to set up and use digital technology?</p> <p>No: Is there someone who could help me? e.g. family member.</p> <p> No: Attend your appointment in person.</p> <p> Yes: <input type="checkbox"/></p> <p>Yes: <input type="checkbox"/></p> | <p>Do I need to travel for my appointment?</p> <p>We offer video and phone appointments to ALL patients (country and metropolitan) where appropriate – helping you to avoid unnecessary travel and parking, and fit your appointments into your work and family commitments. <input type="checkbox"/></p> |

Ask your health provider for a phone  or video  appointment
 Save you time • Save you travel • Save you cost *If you are unsure, speak with your health provider.*