



**OBSTETRICS AND GYNAECOLOGY  
CLINICAL PRACTICE GUIDELINE**

# Contraception

**Scope (Staff):** All Staff

**Scope (Area):** All Areas

This document should be read in conjunction with the [Disclaimer](#).

The Women and Newborn Health Service (WNHS) endorses the use of the [Royal Australian and New Zealand College of Obstetrics and Gynaecologists C-Gyn 3 Contraception Guideline](#) for use by WNHS staff:

<https://ranzcof.edu.au/wp-content/uploads/Contraception-Clinical-Guideline.pdf>

## Useful resources

[UK Medical Eligibility Criteria for Contraceptive Use \(September 2019\)](#)

[WNHS Family Planning and Contraception Webpage](#)





[WA Health Consumer Information: Contraception](#)

[WA Health Procedure Specific Information Sheets](#)

[RANZCOG Clinical Governance Advice: Reproductive Health for Women with an Intellectual Disability](#)

[Website: Sexual Health Quarters](#)

[World Health Organization: Medical Eligibility Criteria Wheel for Contraceptive Use \(2015\)](#)

Keywords	Hormonal emergency contraception, hormonal EC, levonorgestrel, LNG, Postinor-1, Norlevo, Cu-IUD, copper iud, morning after pill, post-coital contraception, Ulipristal acetate, Ulipristal, postnatal contraception, birth control, breastfeeding amenorrhoea, implant, Depo, lactational amenorrhoea, post partum contraception, contraception after childbirth, contraception after baby, Essure procedure, micro insert, micro-coil, micro-spiral, laparoscopic tubal ligation, Filshie clips, female sterilisation, sterilisation, tubal occlusion, hysteroscopy, permanent contraception, contraception consent, implanon removal, etonogestrel, non-palpable contraception, direct ultrasound guidance, Etonogestrel Implant, Implanon NXT, insertion of Implanon, progesterone, Implanon, hormone implant, long acting reversible contraceptive, LARC, Depot medroxyprogesterone acetate, DPMA, contraception, depo provera, ralovera, depo, progestin only, birth control, progestogen, progesterone, IM injection, COCP, oral contraceptive, the pill, birth control, contraceptive pill, POP, progestogen only pill, oral contraceptive, progestogen, lactating, Intrauterine, contraceptive, hormonal IUD, IUD, Family Planning, fertility, prevent pregnancy, Mirena, Contraception, barrier methods, condoms, diaphragms, diaphragm, female condom, condom failure				
Document Owner:	Co-Directors, Obstetrics and Gynaecology Directorate				
Author/ Reviewer	Clinical Nurse Midwife Specialist Clinical Guidelines and Quality				
Date First Issued:	September 2020	Last Reviewed:	October 2024	Review Date:	October 2027
Endorsed by:	Gynaecology, Perioperative and Anaesthetics Clinical Practice and Outcomes Committee			Date:	October 2024
NSQHS Standards Applicable:	 Std 1: Clinical Governance  Std 3: Preventing and Controlling Healthcare Associated Infection		 Std 2: Partnering with Consumers  Std 4: Medication Safety		
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## Version History (optional)

Version Number	Date	Summary
1.0	September 2020	Amalgamated 11 individual guidelines: <ol style="list-style-type: none"> <li>1. Contraception : Barrier Methods (dated Mar 2015)</li> <li>2. Contraception : Combined Oral Contraceptive Pill (dated July 2015)</li> <li>3. Contraception : Depo Provera (date last amended Sept 2017)</li> <li>4. Contraception : Emergency (dated Nov 2016)</li> <li>5. Contraception : Implanon (Etonogestrel) (dated Dec 2015)</li> <li>6. Contraception : Implanon Insertion (dated Dec 2015)</li> <li>7. Contraception : Implanon Removal Non Routine (date Sept 2016)</li> <li>8. Contraception : Intrauterine Devices / Systems (dated May 2015)</li> <li>9. Contraception : Postpartum (dated July 2015)</li> </ol>

		10. Contraception : Progesterone Only Pill (dated July 2015) 11. Contraception : Sterilisation (dated Nov 2016)
2.0	October 2024	Replaced guideline with link to RANZCOG Guideline

The health impact upon Aboriginal people has been considered, and where relevant incorporated and appropriately addressed in the development of this policy.

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