



ADULT MEDICATION GUIDELINE

Docusate

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

Quick Links

[Dose](#)

[Administration](#)

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[Pregnancy and Breastfeeding](#)

Restrictions

[Formulary: Unrestricted](#)

Medication Class

Laxative

Presentation

Tablet: 120mg

Combination product:

Tablet: Docusate 50mg/Senna 8mg

Storage

Store at room temperature, below 25°C

Dose

Antenatal/Postnatal Constipation

Oral:

120mg once or twice daily; maximum of 480mg daily in divided doses.

Constipation (Palliative Care) – *use combination product*

Oral:

1 – 2 tablet(s) once or twice daily; maximum of 4 tablets daily in divided doses.

Administration

Oral

Take with plenty of fluid

Pregnancy

1st Trimester: Safe to use

2nd Trimester: Safe to use

3rd Trimester: Safe to use

Breastfeeding

Safe to use

Related Policies, Procedures & Guidelines

WNHS Policy:

[Nurse/Midwife Initiated Medications \(Intranet\)](#)

[Pharmacist Initiated Medications \(Intranet\)](#)

WNHS Clinical Practice Guidelines:

[Bowel Care](#)

[Discomforts in Pregnancy](#)

[Palliative Care](#)

[Postnatal Subsequent Care](#)









References

Australian Medicines Handbook. Docusate. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2022 [cited 2022 Feb 25]. Available from: <https://amhonline.amh.net.au/>

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