





ADULT MEDICATION GUIDELINE

ENALAPRIL

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Tablet: 5mg, 10mg
Dose	<u>Post-partum hypertension</u> Oral: 5mg daily, increased at intervals of 1 to 2 weeks up to 10-40mg daily in one or two doses.
Administration	<u>Oral</u> With or without food
Pregnancy	1st Trimester: Contraindicated 2nd Trimester: Contraindicated 3rd Trimester: Contraindicated
Breastfeeding	Considered safe to use
Monitoring	Blood pressure Renal function and electrolytes prior to therapy then review as needed
Clinical Guidelines and Policies	KEMH Clinical Guideline: O&G: Hypertension in Pregnancy: Medical Management KEMH Clinical Guideline: O&G: Cardiac disease
References	Australian Medicines Handbook. Enalapril. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2018 [cited 2018 Sept 13]. Available from: https://amhonline.amh.net.au/ The Royal Women's Hospital. Enalapril. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2018 Sept 13]. Available from: https://thewomenspbmg.org.au/

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