



ADULT Medication Monograph



METHYLNALTREXONE

This document should be read in conjunction with this [DISCLAIMER](#)

[Formulary: Restricted:](#) For use as per the PBS indications and criteria

Class	Laxatives
Presentation	Injection: 12mg/0.6mL
Storage	Store at room temperature, below 25°C
Dose	<u>Opioid induced constipation in palliative care</u> Subcut: 12mg every 24 hours. Seek palliative care specialist advice before repeating the injection 24 hours later
Administration	<u>Subcutaneous injection</u> Inject into the abdomen, upper arm or thigh. Rotate the site of injection. Do not inject into skin that is tender, bruised, red or hard. Suitable for self-administration in selected patients.
Pregnancy	1st Trimester: Consider alternative 2nd Trimester: Consider alternative 3rd Trimester: Consider alternative
Breastfeeding	Consider alternative For more information, please contact KEMH Obstetric Medicines Information Service .
Monitoring	Severe or persistent diarrhoea, abdominal pain or cramping.
Clinical Guidelines and Policies	KEMH Pharmaceutical & Medicines Management Guideline Medication Administration Palliative Care
References	Australian Medicines Handbook. Methylnaltrexone. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2020 [cited 2020 Mar 13]. Available from: https://amhonline.amh.net.au/

	<p>Society of Hospital Pharmacists of Australia. Methylnaltrexone. In: Australian Injectable Drugs Handbook [Internet]. [St Leonards, New South Wales]: Health Communication Network; 2020 [cited 2020 Mar 13]. Available from: http://aidh.hcn.com.au</p> <p>The Royal Women's Hospital. Methylnaltrexone. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2020 [cited 2020 Mar 13]. Available from: https://thewomenspbmg.org.au/</p>
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