



ADULT Medication Monograph



Microlax®

This document should be read in conjunction with this [DISCLAIMER](#)

[Formulary: Unrestricted](#)

Class	Saline laxatives
Presentation	Enema: sorbitol 3.125 g, sodium citrate 450 mg, sodium lauryl sulfoacetate 45 mg (5 mL)
Storage	Store below 30°C
Dose	<p><u>Constipation</u> Rectal: Administer contents of one enema rectally</p> <p><u>Bowel preparation</u> Rectal: Administer contents of one enema rectally</p>
Administration	<p><u>Rectal</u> Twist and pull the seal off the nozzle. Squeeze the tube slightly so that a drop of Microlax® smears the tip and thus makes insertion easier. Insert the nozzle fully into the rectum. Squeeze out the entire contents by squeezing the shoulder of the tube. Keeping the tube squeezed tightly, withdraw the nozzle.</p>
Pregnancy	<p>1st Trimester: Occasional use considered safe 2nd Trimester: Occasional use considered safe 3rd Trimester: Occasional use considered safe</p>
Breastfeeding	Considered safe to use (short term)
Monitoring	<p>Ensure adequate hydration to reduce the risk of dehydration and electrolyte disturbance</p> <p>Onset of action is 2–30 minutes after rectal administration</p>
Clinical Guidelines and Policies	<p>KEMH Clinical Guidelines: O&G: Bowel Care O&G: Postnatal Care: Subsequent Care</p>

	<p>KEMH Pharmacy Guidelines:</p> <p>Nurse/Midwife Initiated Medications</p> <p>WNHS Clinical Guidelines:</p> <p>Postnatal Midwifery Care for Mothers on 3B</p>
References	<p>Australian Medicines Handbook. Microlax. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2020 Mar 11]. Available from: https://amhonline.amh.net.au/</p> <p>MIMS Australia.Microlax. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2016 [cited 2020 Mar 11]. Available from: https://www.mimsonline.com.au</p> <p>The Royal Women's Hospital. Microlax. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2020 Mar 11]. Available from: https://thewomenspbmg.org.au/</p>

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