



ADULT MEDICATION GUIDELINE

NORFLOXACIN

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

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Restrictions

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Medication Class

Anti-infective- Quinolone

Presentation

Tablet: 400mg

Storage

Store at room temperature, below 30°C

Dose

Schedule 8 Medication

UTI resistant to other antibacterials

Oral:

Uncomplicated: 400mg every 12 hours for 3 days

Relapsing: 400mg every 12 hours for 10-14 days

Administration

Oral

Take 1 hour before, or 2 hours after, meals for best absorption.

Drink plenty of fluids while taking.

Dairy products, antacids, iron; zinc or calcium supplements may reduce the absorption of norfloxacin. Do not take them within 2 hours of a norfloxacin dose.

Monitoring

Tendon soreness or inflammation, numbness or tingling in fingers or toes.

Norfloxacin may increase the effects of caffeine in some people; caffeine intake may need to be reduced.

Avoid sun exposure, wear protective clothing and use sunscreen while taking norfloxacin

May reduce seizure threshold.

Reduce dose in renal impairment.

Pregnancy

1st Trimester: Consider alternative

2nd Trimester: Consider alternative

3rd Trimester: Consider alternative

Maternal use of fluoroquinolones does not appear to be associated with an increased risk of major congenital malformations.

For more information, please contact [KEMH Obstetric Medicines Information Service](#).

Breastfeeding

Considered safe to use

Related Policies, Procedures & Guidelines

WNHS Clinical Practice Guidelines:

[Infections: Urinary tract infection in pregnant women](#)

[Antimicrobial Stewardship](#)

[Antimicrobial Restriction Category List](#)

References









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