



ADULT MEDICATION GUIDELINE

Tropicamide

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

Quick Links

[Dose](#)

[Administration](#)

[Monitoring](#)

[Pregnancy and Breastfeeding](#)

Restrictions

[Formulary: Unrestricted](#)

Medication Class

Anticholinergic

Presentation

Eye drop: 0.5%, 0.5mL (single use minim)

Storage

Store at 2°C to 8°C. (Refrigerate. Do not freeze.). Protect from light.

Dose

Mydriasis for examination of fundus

Topical ophthalmic drops:

Instil 1 or 2 drops into the eye(s) 15-20 minutes before examination.

Administration

Systemic absorption can be minimised by applying pressure against the inner corner of the eye (over the tear duct) immediately after application for one to two minutes and blot away any excess drops.

Avoid contact with soft contact lenses. Patients must be instructed to remove contact lenses

prior to the application of tropicamide eye drops and wait at least 15 minutes before reinsertion. Use with caution in an inflamed eye as the hyperaemia greatly increases the rate of systemic absorption through the conjunctiva.

Monitoring

Enlarged pupils cause blurred vision and sensitivity to bright light; wearing dark glasses may help. Ability to judge distance may be impaired. Do not drive or operate machinery while vision is disturbed.

Pregnancy

1st Trimester: Considered safe to use

2nd Trimester: Considered safe to use

3rd Trimester: Considered safe to use

For more information, please contact [KEMH Obstetric Medicines Information Service](#).

Breastfeeding

Considered safe to use

For more information, please contact [KEMH Obstetric Medicines Information Service](#).

Related Policies, Procedures & Guidelines

WNHS Pharmaceutical and Medicines Management Guidelines:

[Medication Administration](#)









References

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