



Statewide Perinatal and Infant Mental Health Program (SPIMHP) Training Calendar 2023

SPIMHP provides training to improve the health and wellbeing of families in WA.

The Uses and Misuses of the Edinburgh Postnatal Depression Scale

This training is designed to assist health professionals and others in using the Edinburgh Postnatal Depression Scale (EPDS).

Dates	Wednesday 8 th February	Location	KEMH, Subiaco, WA,
	Thursday 18 th May		TBC by Email
	Tuesday 1 st August	Time	9.00am – 1:30pm
	Wednesday 1 st November		

Perinatal Anxiety Disorders

This module provides participants with an introduction to anxiety in the perinatal period. Prevalence and types of anxiety disorders will be explored, along with engagement, screening and treatment options.

Dates	Wednesday 15 th March	Location	KEMH, Subiaco, WA,
	Thursday 15 th June		TBC by Email
	Tuesday 22 nd August	Time	9.00am – 4:00pm
	Wednesday 15 th November		

The Antenatal Risk Questionnaire

This training module is designed to introduce the Antenatal Risk Questionnaire (ANRQ) . The ANRQ is the recommended screening tool for psychosocial risk factors.

Dates	Tuesday 21 st February	Location	KEMH, Subiaco, WA,
	Wednesday 10 th May		TBC by email
	Thursday 20 th July	Time	9.00am – 1:30pm
	Wednesday 11 th October		

Serious Mental Illness in the Perinatal Period

This training module is a 1hr presentation on managing women with a serious mental illness in the perinatal period. It is available for both mental health and non-mental health staff. This training can be delivered face to face at the workplace or via MS Teams. For further information or to arrange this training please contact SPIMHP directly on SPIMHP@health.wa.gov.au .

Online Training available only for Rural and Remote participants via MS Teams

The Edinburgh Postnatal Depression Scale (EPDS)

This modified version of EPDS workshop training is designed to assist health professionals and others using the EPDS scale.

Dates	Wednesday 15 th February Thursday 22 nd June Wednesday 30 th November	Time	10.00am - 12.30pm
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The Antenatal Risk Questionnaire (ANRQ)

This is a modified version of the face to face ANRQ workshop designed to assist health professionals in the use of the screening tool.

Dates	Tuesday 21 st March Monday 24 th July Monday 9 th October	Time	10.00am - 12.30pm
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Presenters can also provide training on a range of perinatal mental health disorders on request. Talks can be delivered in the workplace or via MS Teams.

Please complete the registration form and send to SPIMHP@health.wa.gov.au

Alternatively, visit our website www.kemh.health.wa.gov.au/spimhp. Participants will receive a confirmation email once their form has been submitted. Training modules are available to both government and non-government health staff.