



Trauma Overview- an Introduction

Perth 2025

This interactive workshop provides a broad introductory overview of trauma relevant to working with adult and adolescent clients who have experienced emotional trauma in their lives.

Topic areas

- The Impact of emotional trauma during childhood
- The 5 F's
- The effects of trauma on behaviour and memory
- Exploring the vagus nerve and epigenetics
- Safety and risk when working with trauma
- Applying trauma knowledge to practice
- Facilitating healing and recovery
- Worker self-care

Delivery

The workshop involves a verbal presentation, PowerPoint display, discussions, video clips, pair and small group activities.

Details

- Full day, **1 May 2025**
- 9am start; 4.30pm finish
- Delivered in Subiaco (details will be provided to registered participants)
- Facilitated by senior SARC counsellors.

Cost

The cost of this workshop is \$150 including gst. Morning tea and lunch will be provided.

Registrations and queries

To register, <https://events.humanitix.com/trauma-overview-an-introduction-01-may-2025>
Queries can be directed to SARCTraining@health.wa.gov.au

SARC Education and Training

Email training enquiries and requests to: SARCTraining@health.wa.gov.au

Further information and resources: SARC website

