



Online Presentation: Impact of Trauma

This presentation provides a brief overview of the many impacts emotional trauma can have, how these impacts can present in adulthood and adolescence, and strategies for working with trauma survivors.

Please note, the content may be triggering for some participants.

Topics

- Key points about trauma
- The impacts of adverse childhood experiences
- Trauma responses- the 5 Fs
- Understanding triggers, dissociation, flashbacks and hypervigilance
- Impacts of trauma on memory
- Understanding behaviours of trauma survivors
- Strategies for working with trauma survivors
- Resources for supporting clients with a trauma history

Details

- 1 hour
- Tuesday or Wednesday
- Delivered online (Microsoft Teams)
- Minimum 10 participants
- Facilitated by an experienced SARC trainer
- Free of charge for government and not for profit services

To reserve a presentation for your team, email SARCTraining@health.wa.gov.au

SARC Education and Training

Email training enquiries and requests to: SARCTraining@health.wa.gov.au

Further information and resources: SARC website



The Sexual Assault Resource Centre (SARC)

- **24-hour crisis** medical, forensic and counselling support following a sexual assault
- **Counselling** for recent and past sexual assault and sexual abuse
- State-wide **education** and **training**

24-hour crisis line for recent sexual assault

Telephone (08) 6458 1828 or
1800 199 888 (free from land line only)

Crisis telephone support

8.30am - 11.00pm daily
Telephone (08) 6458 1828