



Online Presentation: Trauma Informed Health Care

This presentation provides an introduction to a trauma informed approach to service delivery in health care and how it might look in practice. Participants are introduced to a range of SARC resources to support their trauma informed practice.

Suitable for health care workers.

Topics

- Understanding trauma and its impacts
- Common issues for trauma survivors
- A trauma informed approach
- How trauma informed care might look in practice
- Trauma screening
- Asking trauma informed questions
- Responding to disclosures of trauma
- Strategies for working with trauma survivors
- Resources for supporting clients with a trauma history

Details

- 1 hour
- Tuesday or Wednesday
- Delivered online (Microsoft Teams)
- Minimum 10 participants
- Facilitated by an experienced SARC trainer
- Free of charge for government and not for profit services

To reserve a presentation for your team, email SARCTraining@health.wa.gov.au

SARC Education and Training

Email training enquiries and requests to: SARCTraining@health.wa.gov.au
Further information and resources: [SARC Website](#)



The Sexual Assault Resource Centre (SARC)

- **24-hour crisis** medical, forensic and counselling support following a sexual assault
- **Counselling** for recent and past sexual assault and sexual abuse
- State-wide **education** and **training**

24-hour crisis line for recent sexual assault

Telephone (08) 6458 1828 or
1800 199 888 (free from land line only)

Crisis telephone support

8.30am - 11.00pm daily
Telephone (08) 6458 1828